



Village Life

HDV Member Profile - Joette & Gene Storm

Serendipity played a role in the bond that Joette and I have enjoyed for more than 51 years. We met by virtue of adjoining desks at the Chicago Tribune where we worked as reporters.

When the office romance evolved to marriage, we quit our jobs to partake of our first adventure. Touring Europe on a motorcycle offered that opportunity, with each day bringing new experiences and new people to meet. Our escapade lasted five months as we traveled more than 10,000 miles through a dozen countries. The indelible memories persist to this day.

Our next adventure took us to Alaska, where we lived for 42 years. Initially, we both worked for the Anchorage Times. Joette's career path led to working as a public information officer for three federal agencies over 33 years, the Bureau of Land Management, the Forest Service and the Federal Aviation Administration.

I continued in journalism, first as the business editor at the Anchorage Daily News and eventually freelancing at several local and regional publications as a writer, editor and photographer. Along the way, our daughter was born in 1975 and we experienced some of the wonders that Alaska has to offer.

Eight years ago we moved to Bend. Oregon was not new to us. Our daughter attended Lewis & Clark College outside of Portland and over the years we traveled the state. Both of us have volunteered since moving to Bend. Joette serves with the Newcomers Club and the Boyd Acres Neighborhood Association. I spent time on the board of Equine Outreach and as a volunteer at Healing Reins, helping provide equine therapy for autistic children.

Both of us enjoy reading, gardening—truly a challenge in Central Oregon—and planning trips in our travel trailer. Learning to play the ukulele is another challenge we enjoy.

We joined High Desert Village in March, 2020 and view our membership as an opportunity to contribute. We look forward to more fully participating beyond Covid. Until then we produce the newsletter and both of us are members of the Transportation Team. I also serve on the HDV board as the lead of the Handyman Team.

It has been a pleasure getting to know other members even if primarily by Zoom. We look forward to sometime soon meeting you in person.

Gene Storm

Wonders of Nature



Crater Lake is a wonder of nature located in our own back yard and is the only National Park in Oregon. The lake was formed about 7,700 years ago with the collapse of the volcano Mount Mazama. The resulting caldera is home to a lake with a depth of 1,949 feet (594 m), the deepest in the United States. The lake is noted for its deep blue color and water clarity. I made this panorama by stitching two wide angle images together. Visit the National Park Service website to learn more. <https://www.nps.gov/crla/index.htm>

Have you got a wonder of nature to share? Send your short essay (250 words or less) or photograph to me at gsword@bendebroadband.com for publication in a future newsletter.

Gene Storm, Village Life Editor

Music Corner



Here is some music from our formative era. The *Sound of Silence* was written by Paul Simon and became popular when released by the emerging duo of Simon and Garfunkel in 1965. It is covered here by the contemporary acapella group **Pentatonix**. Enjoy.

<https://www.youtube.com/watch?v=gdVjVtpr55M>

In Memoriam

Carole J. Siegworth, 89, passed away on May 4, 2021. Carole was the youngest of the family of nine children. She was a native Oregonian her ancestors having come to Oregon over the Oregon trail in 1857. They settled along Fall Creek near the town of Fall Creek, Oregon. Carole attending high school in Lowell, Oregon and later went to Oregon State University and Oregon Medical School (now OHSU) and graduated as a registered nurse. After about 15 years she met and married Harold Siegworth. They were married 53 years before her passing. She enjoyed hiking, biking and fishing. In her later years, she enjoyed weaving, spinning, basket making and other fiber arts. She is survived by Hal and several nieces and nephews. Carole and Hal have been High Desert Village members since 2013.

Micki Turner, a long-time member of High Desert Village, died in her home on April 25th after a long struggle with Pulmonary Fibrosis. She was 79. Micki was very active in the membership committee and served as its secretary as well as on the HDV Board for several years. She touched many lives in the Village and in her private practice as a psychotherapist. Because she knew her disease was progressive, Micki was very proactive in arranging for her peaceful death. Her team included Partners in Care hospice, Peaceful Presence death doulas and members of the End of Life subcommittee of the High Desert Village Health Advocacy Team. Her quiet presence will be missed.

To Your Health

Remembering to think "thank you"!

Most of us were taught as children to say, "thank you". That kindness is a great habit throughout one's entire life. Another discipline is to think "thank you." In thinking "thank you" we become tuned into the wonder of life and the gifts around us each day.

In the book *The Cup of Our Life* by Joyce Rupp she talks about gratitude in this way: "The key to gratitude is surprise. When we lose our sensitivity to wonder and awe, when we simply trudge or zoom through days, we can so easily miss the daily gifts of life."

Yet in reality there are times when one is preoccupied with grief, anger, worry, lack of perspective and the business or drudgery of life. Thus, it is a discipline to notice goodness around us: the blue sky, energetic birds, high desert beauty, a child's laughter, the antics of our pet, someone reaching out, favorite uplifting music and so on and so on. If we are open to think "thank you", one's tired self can find momentary refuge and sometimes gain a more solid footing tuned into gratitude and the privilege of life.

People approach gratitude in various ways. My sister, despite her disability, keeps a gratitude journal writing six things she is grateful for each day. My daily walks with my dog contribute to helping me think "thank you". What helps you? It's an aspect of our mental health worth monitoring.

Jane W. Clemens

HDV Annual Meeting - May 18th

Hi, suddenly it's MAY and time for the High Desert Village Annual Meeting, this year to be held on ZOOM. I just wanted to extend a reminder and ask you to REGISTER and join in on a fun hour of connecting with new and seasoned members!

Log into <https://highdesertvillage.helpfulvillage.com>

Go to the EVENTS tab and select list, you'll find VIRTUAL ANNUAL MEETING – TUESDAY, MAY 18 – 7:00 pm There will be a RED – Register for the Event tab – that's your RSVP

As we progress through COVID and we're all vaccinated there will come a time that we will once again be able to help our Village members as we originally intended. I look forward to seeing you that evening and learning more about all of you.

**Hope to see you on the 18th!
Donna Bisset, HDV Board**