



Village Life

HDV Member Profile - Jim Cruckshank

Jim describes himself as someone who has always been a "numbers guy." And while it might be a hard sell to high school students considering their career options that corporate finance can be both lucrative and entertaining, Jim could seal the deal. A self-professed finance jack of all trades, Jim says simply, "I had a lot of fun."

In Jim's 40-plus years in corporate finance he worked with companies as small as being pre-revenue to those with revenues over \$2 billion dollars. These companies ranged in industries from steel manufacturing to software development to semiconductor design and manufacturing to retail. Jim and the teams he worked with raised more than \$2 billion in capital through debt and equity financing including two IPO's (initial public offerings).



Both numbers savvy and affable, Jim says he managed his teams by wandering around and engaging with employees. His outgoing nature is partly due to being an Air Force brat. He attended ten different schools before graduating a year early from high school. He earned a bachelor's degree in accounting, marketing and management at the University of Portland. Just to shake up the numbers-guy image, Jim also writes poetry and is proud that one of his poems was published in the university literary magazine. From Portland he went to the University of Notre Dame for his MBA.

Jim and his wife, HDV member Barbara Caggiano, met in 2008 and were married in 2012. They moved to Bend in 2019. Pre-retirement and pandemic they had great trips to Alaska, Africa and Paris to name a few. Jim hopes that now being retired and the pandemic slowly moving behind us more travel is on the agenda. He and Barbara look forward to an upcoming trip to Italy and London and making new friends in Bend.

Deb Goodall

Meeting of Minds - Part 2

Here for your enjoyment is a continuation of the *Meeting of Minds* journey begun in last month's newsletter. It is from the PBS television series conceived and developed by Steve Allen that featured guests who played significant roles in world history.

In this, the second episode, we hear the continued musings of Cleopatra, Theodore Roosevelt, Thomas Paine and Father Thomas Aquinas. Click here for part two of this very interesting, informative and entertaining conversation.

<https://www.youtube.com/watch?v=YGVbcHr3G88>

In case you didn't view the first installment and I've piqued your interest, here is a link to episode one.

<https://www.youtube.com/watch?v=hKRxZSOqAYw>

Enjoy!

Gene Storm, newsletter editor

A Poem for the Month of May By Christina Rossetti

I cannot tell you how it was,
But this I know: it came to pass
Upon a bright and sunny day
When May was young; ah, pleasant May!
As yet the poppies were not born
Between the blades of tender corn;
The last egg had not hatched as yet,
Nor any bird foregone its mate ...

Music Corner



Beatle John Lennon's song *Imagine* is an iconic piece of music. The poignancy of its message is as relevant today as when he wrote it in 1971. Here an ensemble of **Playing for Change** artists from around the globe lends their interpretation through the magic long distance musical production. Enjoy!

<https://www.youtube.com/watch?v=bvFLKyAGzzI>

To Your Health

Hallucinations and delusions, what are they? Often associated with each other, there are major differences. Yes, this treatise is greatly simplified. I'm a Webster fan; let's start there.

Hallucination: a sensory perception that occurs in the absence of an actual external stimulus; usually arises from a neurological disturbance, such as Schizophrenia, Parkinson's, Dementia, Delirium, or psycho-active drugs.

Consider that we have five senses. You can have hallucinations through any of the five senses, though visual and/or auditory hallucinations are reported most often. From subtle to overt, they can be disruptive, or pleasant, and/or unsafe. Key take-away: your sensory experience is internally generated; it's not real.

Delusion: something that is falsely believed or propagated; a belief that is maintained despite lack of evidence and/or evidence to the contrary.

Delusions can range from fictional to psychotic. They can be disruptive, comforting, harmless, or depending on source and/or power, have considerable impact beyond the disturbed individual. Key take-away: you live/act with beliefs that are not real.

Together, these two amplify impact. You have a sensory experience (s), and believe it is real.

A simple example: someone sees children in their bedroom at night. Likely a visual hallucination, not uncommon in various neuro-disorders. Some will know it arises out of their disorder; others may develop a firm belief, a delusion, about these visits. The D/H fit together, supporting the mutual unreality. In most cases, quality of life declines.

What to do? Space limitations inhibit an answer. However, several members of our Health Team are knowledgeable and could open a confidential discussion with you on next steps.

Tim Malone, LCSW

Village News

There's a New Name, but the Game's the Same

Handy Hands Team is the new name for the service group that provides home fixit assistance to our HDV members. The name was selected by the board based on entries submitted by members. The entry receiving the most votes was offered by Alan Hilles, a member of the team and backup lead. For his effort, Alan received a \$25 gift card to Backporch Coffee Roasters. Congratulations Alan!

Join the Discussion on Monday and Expand Your Perspective

This month's Zoom session with Alan Hilles will focus on the very important issue of global poverty. Please preview these two short videos and be prepared to participate in the discussion. They are very powerful in re-framing how we look at helping people in disadvantaged places on the globe.

<https://www.youtube.com/watch?v=Ud-2bvtb9do>
<https://www.youtube.com/watch?v=3Gtg1nS-nCE>

The sharing in the last several sessions has been amazing, adding to our learning about each other and expanding our perspectives. I look forward to you participating, and please encourage other HDV acquaintances to join us. They might really enjoy the session.

This will be the last session for this season before we take our summer break. Again, sign up on the HDV website under "Events". When you sign up you will automatically get an invite with link to JOIN. I look forward to seeing all of you soon.

When: Monday, May 23rd at 5 p.m.

Alan Hilles

Who is That Masked Man?



You'll have to go to page 2 of the newsletter to find out.

There you can view more pictures and read a brief report on the High Desert Village Annual Meeting, our first group gathering in more than two years.

A good time was had by all!

High Desert Village Annual Meeting - May 17, 2022



We come from all across the country and even a bit farther away, to wind up in the high desert. In light of our varied backgrounds there is a common trait, the willingness to help one another as we form community. To that end we gathered at Worthy Brewery's Star Room for the High Desert Village Annual Meeting and to celebrate our ability to meet the challenges of recent years.



President Pam DiDente, energetic as always, reminded us that High Desert Village is 13 years old; that it is part of a national movement; that we are all volunteer and self-sustaining. She introduced team lead board members, thanked everyone for supporting the village and made a request for a new lead for the Driver's Team.



Each of us then introduced ourselves and shared where we were born. Quite a pleasant way to meet other Village members.

Keep an eye on the calendar as in-person events will be resuming. Carolyn Cook is hosting Pub Nights. Ann Kerr is arranging the first Coffee for 9:30 a.m. June 21 at Juniper Park. We can look forward to meeting in person with caution, and supporting one another in our mission.

And, thank you to Tom Comerford, pictured on page 1, for playing his guitar for the event.

Joette Storm, Associate Newsletter Editor

